



EASTNOR PAROCHIAL PRIMARY SCHOOL

‘Inspire and Achieve’

Sex and Relationship Education Policy

Written: January 2016

Last Review:

Next Review: January 2018

# **Sex and Relationship Education Policy**

## **Introduction**

We have based our schools' sex and relationship education policy on the DFEE guidance document 'Sex and Relationship Education Guidance' (ref DFEE 0116/2000). In this document, it is stated that sex and relationship education at primary school level '...should contribute to the foundation of PSHE and Citizenship by ensuring that all children:

- Develop confidence in talking, listening and thinking about feelings and relationships;
- Are able to name parts of the body and describe how their bodies work;
- Can protect themselves and ask for help and support; and
- Are prepared for puberty

We believe that sex and relationship education is an ongoing process, which should start in the home and continue at school. It is important to remember that this phase of the children's sex and relationship education is not an isolated unit of work – it has been designed to build on past learning and prepare them for future PSHE and SRE at Key Stages 3 and 4.

## **Aims and Objectives**

Sex and Relationship Education forms part of the PSHE curriculum at our School. It is taught in Years 5 and 6.

The aim of Sex and Relationship Education at Eastnor Primary School is to help pupils:

- Learn about changes that happen as they grow up, using aspects of the Literacy Resource 'It's Different for Me' and 'Brand New Me', discuss relationships with other children and with adults – how to make them, enjoy them and keep them safe, using aspects of the 'Building Safe Relationships' programme
- To practise the skills they will need to make sensible choices about their safety, health, and behaviour, using philosophy for children sessions, circle time sessions and discussions.
- At Year 6, to gain a basic biological knowledge of how babies are made and born.
- There is a strong emphasis on 'safe relationships within the security of a committed, loving relationship' where children will be taught, and given the chance to explore, the concepts of personal safety, self-esteem and personal support networks. There will also be a focus on the fact that children grow into adults in different ways and at different rates.

## **Organisation**

We teach some parts of Sex and Relationship Education through different aspects of the curriculum. While we carry out the main Sex and Relationship Education teaching at Year 5 and 6 through Literacy, we also teach some objectives through Science in both Key Stages. These are:

### **Foundation Stage**

- Investigate living things (using all the senses as appropriate)
- Find out about past and present events in own life

### **Key Stage 1 and 2**

- Animals including humans

In Sex and Relationships Education at Year 5 and 6 we go into aspects of sex and relationships in more depth:

- At Year 5 children will be introduced to the changes that will happen to them during puberty so that they are prepared for these changes. This will take place in one session and will be taught by an appropriate teacher. Boys and girls will be taught separately for this session. Boys will receive information about personal hygiene by the school nurse and girls will be taught about menstruation.
- At Year 6, children will explore these changes further in a mixed setting and discuss some of the issues that they may need to be able to deal with. This will be taught through a week of Literacy sessions (approximately 5 hours) using the resource 'It's Different For Me' and 'A Brand New You'. It will be taught by the children's class teacher. There will also be a reflection session with the class teacher where children can ask questions.
- In addition, at year 6 the class teacher uses the DVD resources Living and Growing Unit 2. It has been decided to show three parts from this resource Programme 4 'Changes' and Programme 5 'How Babies are Made'. (This programme contains animation of sexual intercourse) and programme 6 'How Babies are born.' (this programme contains footage of a live birth). These programmes support the literacy resources and put the learning into the context of meaningful relationships. Parents are invited to view these programmes before they are used with the class. Parents give full written consent before these programmes and any other Sex Relationship and Education is provided. We respect Parents views and they have the right to withdraw their children from all of these films or individual programmes.

At all times we will reflect upon the emotional development of the children and will present the information in a non-judgemental and sensitive way, ensuring that children feel comfortable. The children will be able to submit any queries into a 'thought box'. These will be used as a basis for class discussion.

## **Parental Support**

We want parents to support SRE for their child at Eastnor Primary School. Our aim is to build a positive and supporting relationship with parents, as we believe that parents and carers play the primary role in this aspect of their child's development and understanding.

## **Withdrawal from SRE**

Parents have the right to withdraw their child from all or part of the Sex and Relationship Education programme at Year 5 and 6. If a parent wishes their child to be withdrawn from these sessions they should indicate this on their permission slip.

## **Confidentiality**

With specific regard to Sex and Relationship Education we believe that every child and adult has the right for their conversations to be kept confidential and between the people involved. However, there are some times when it is right to tell others about what has been said. For example, if a child tells an adult in school that something improper or abusive is happening to them. In this case the adult will inform the Lead Safeguarding Officer, and a decision will be made about whether to inform outside agencies for the safety of that child.

## **Staff roles**

It is the responsibility of the head teacher and PSHE coordinator to ensure that both staff and parents are informed about the Sex and Relationship Education policy and that the policy is implemented effectively.

The head teacher and PSHE coordinator liaise with external agencies and contributors, such as the school nurse, to ensure that their work fits in with the SRE policy.

The head teacher and staff monitor this policy and will report to governors on its effectiveness and the effectiveness of the teaching programme.

## **Monitoring and Review**

The policy will be reviewed every two years by the Curriculum Committee of the Governing Body.